

2022 GAA COACHING Conference

SATURDAY 19TH FEBRUARY

COACHING THE YOUTH PLAYER

YOUTH

F3

Commitment to Gaelic Games
& Active Lifestyle

F2

Extension & Refinement
of Movement

F1

Fundamental
Movement Skills



Conference MC: Gráinne McElwain

Time	Activity	Presenters
9.00	Open for Registration	
10.00	Welcome	John Tobin Chair, NGDC
10.10	Opening Address	Larry McCarthy President, GAA
10.20	Key Note 1	Liam Moggan Chair, NCAC
10.55	Practical Demonstrations #1 F2 'Go Games' Hurling/Camogie F3 'Youth' Football	Kevin Kelly Ulster GAA Hurling Development Manager Mick Bohan Dublin Ladies Football Manager
12.20	The Youth Player Panel Discussion	
12.50	Lunch	
13.40	Key Note 2	Dr. Áine McNamara
14.25	Practical Demonstrations #2 F2 'Go Games' Football F3 'Youth' Hurling/Camogie	Ger O'Connor Dublin GAA Games Manager Damien Coleman Connacht GAA Hurling Development Manager
15.45	Key Note 3	Ronan Conway
16.20	Closing Address	Shane Flanagan Director of Coaching & Games, GAA

*This schedule is for guideline purposes only and may be subject to change

Keynote 1: Liam Moggan

Liam Moggan is Chair of the National Coach Advisory Committee (NCAC) and a member of the Games Development Committee. Originally from Tuam, Liam trained as a PE teacher. For almost 20 years, Liam was a coach education development officer for the NCTC (now Sport Ireland Coaching) and has been described as the ‘coaches coach’. He pioneered the development of coach education in Ireland and is recognised nationally and internationally as an expert in coach development.

Liam has developed both a coaching and teaching style that has seen him work with some of the biggest names in Irish and international sport. In November 2021 he delivered an inspiring Tedx Talk centred around his journey from being a dedicated athlete to a passionate coach and the lessons he learned along the way.

Keynote 2: Dr Áine McNamara

Áine MacNamara, PhD is an Associate Professor in Elite Performance at Dublin City University and the Chair of the Professional Doctorate in Elite Performance (Sport). Áine’s background is in physical education, youth coaching and talent development and she has worked in a range of sporting environments as an educator, coach educator, and consultant. Her main research interest is in talent development, youth coaching and the design, implementation and evaluation of systems and policies in sport.

Áine has published widely and also consults with a range of sporting organisations in Ireland and the UK to help them develop player development and coach development pathways and policies as well as providing coach and parent education to support the implementation of these ideas. Most importantly, Áine is the mother of two children, Siofra and Iarlaith, and spends most of her free time trying to practice what she preaches coaching Camogie, Gaelic football, Rugby and Hockey!

Keynote 3: Ronan Conway

Ronan grew up in Bishopstown, Cork, hurling for both his club and county along the way. He spent 8 years working with The Soar Foundation, facilitating interactive resilience workshops for teenagers nationwide. Here he learned how to foster environments where young people feel a sense of belonging - where they feel psychologically safe enough to be themselves - and where they feel inspired to engage. Ronan has also worked with teams across multiple codes and at all age levels, both amateur and professional, including the Dublin Senior Footballers in 2019 and most recently the Irish Men’s Rugby Team.

F2 'Go Games' Practical Demonstration | Hurling/Camogie

Lead Coach: Kevin Kelly | Kevin is from County Derry and since 1999 has coached camogie and hurling at all levels of his club including at child 'Go Games', youth and senior levels. Kevin played Senior Hurling for his club Baile na Scríne from 1996 until 2014. During that period, he represented Derry at U21 and Senior Inter County Level. Prior to taking up his role with Ulster GAA as the Provincial Hurling Development Manager in 2017, he had been working as a Hurling Development Officer for over 9 years. He is currently involved in the Derry U17 and U20 Hurling Managements teams.

F3 Youth Practical Demonstration | Hurling/Camogie

Lead Coach: Damien Coleman | Damien is from Portumna, County Galway and has held various roles in club administration from Chairman, Coaching Officer, Development Officer, as well as coaching roles in his club at child, youth and adult levels. One of the highlights of his involvement with his own club was a golden era in adult hurling, winning six County Championships and 4 All Ireland Club titles between 2003 to 2014. Damien has worked with Connacht GAA for 27 years in various roles and is now the Provincial Hurling Development Manager. Damien is also an experienced Tutor Trainer and Coach Developer with the GAA.

F2 'Go Games' Practical Demonstration | Football

Lead Coach: Gerard O'Connor | Gerard hails from Strabane, County Tyrone and has been involved in sports development for over 25 years. He is currently the Director of Coaching within Dublin GAA where he is responsible for the management of the Games Development programme. He has coached and managed at every level from Nursery to Inter-County in both Football and Hurling. Gerard has played a leading role in the development and delivery of the GAA Coach Education Programme at national level and was a major contributor to the development of the Go Games programme. He is a coach developer with the Leinster Tutor group as well as an author and contributor to a series of articles and books - his most recent publication is the 2nd edition "Give us a Game".

F3 Youth Practical Demonstration | Football

Lead Coach: Mick Bohan | Mick is manager of the Dublin Senior Ladies Football team. Since 2016, he has overseen an unprecedented run of success with Dublin, including four senior All Ireland titles. Mick previously served Dublin GAA as a skills coach and was part of Jim Gavin's management team which won All-Irelands at Under 21 (2010) (2012) and Senior (2013) levels as well as serving as coach to the Clare Senior Football team. Mick also enjoyed colleges success with DCU winning three Sigerson Cups. Initially, he enjoyed a successful and rewarding career as a PE teacher. Mick is now a Commercial Agent Brand Ambassador for Husqvarna Ireland.