





Player Welfare & Inclusion



INJURY PREVENTION PROGRAMME

-  **TARGET AUDIENCE:** Available to all clubs.
-  **OBJECTIVE:** Provide knowledge and awareness to players and coaches around the most common injuries sustained on the pitch and to provide a programme to help reduce the risk of injuries occurring.
-  **SUITABLE FOR:** All coaches and players
-  **LINK:** <https://camogie.ie/player-information/player-welfare/injury-prevention-programme/>

PLAYER WELFARE PODCAST

-  **TARGET AUDIENCE:** Players, parents, and coaches
-  **OBJECTIVE:** The Tesco Player Welfare Podcast Series aims to provide guidance, advice, and practical tips for those involved with youth players
-  **SUITABLE FOR:** All players, parents, and coaches
-  **LINK:** <https://camogie.ie/player-information/player-welfare/the-tesco-player-welfare-podcast-series/>

SELF-CARE SERIES

-  **TARGET AUDIENCE:** Available to all clubs.
-  **OBJECTIVE:** This webinar series aims to explore important topics around Self Care and to encourage our members to prioritise their health and wellbeing
-  **SUITABLE FOR:** All
-  **LINK:** <https://camogie.ie/player-information/player-welfare/self-care-webinar-series/>







PLAYER WELFARE BOOKLET VOL 1 & 2





-  **TARGET AUDIENCE:** Available to all clubs.
-  **OBJECTIVE:** The Player Welfare Booklets are jam packed with useful resources and information for players, coaches, parents, and guardians.
-  **SUITABLE FOR:** All
-  **LINK:** <https://camogie.ie/player-information/player-welfare/player-welfare-booklet/>
<https://camogie.ie/player-information/player-welfare/player-welfare-booklet-volume-2-2022/>



PLAYER HEALTH CHECK PROGRAMME





-  **TARGET AUDIENCE:** Available to all
-  **OBJECTIVE:** This series of videos is in place to help educate players on important topics that relate to health, wellbeing and performance and is supported by the Intercounty Government Grant Scheme.
-  **SUITABLE FOR:** All
-  **LINK:** <https://camogie.ie/player-information/player-welfare/player-health-check-programme/>

CONCUSSION GUIDELINES

-  **TARGET AUDIENCE:** Available to all clubs
-  **OBJECTIVE:** Provide information on Concussion including documents on Concussion Guidelines and Concussion Management Guidelines
-  **SUITABLE FOR:** All
-  **LINK:** <https://camogie.ie/player-information/player-welfare/concussion-guidelines/>



ANTI-DOPING

-  **TARGET AUDIENCE:** Available to all clubs.
-  **OBJECTIVE:** Provide information on Anti-Doping and how to ensure players and support personnel are compliant with all areas regarding Anti-Doping
-  **SUITABLE FOR:** All
-  **LINK:** <https://camogie.ie/player-information/anti-doping/>





INCLUSION

-  **TARGET AUDIENCE:** Available to all clubs.
-  **OBJECTIVE:** Camogie Association welcomes all members of the community. Here you will find our Disability Inclusion Policy as well as Supporting Organisations contact information.
-  **SUITABLE FOR:** All Clubs
-  **LINK:** <https://camogie.ie/development/inclusion/>







PLAYER INFORMATION

Registration

-  **TARGET AUDIENCE:** Available to all clubs.
-  **OBJECTIVE:** Membership System Foireann is described on this page. There are significant support materials available to help with Foireann. Included are documents describing how to complete all the main tasks, with screenshots as appropriate. There are also many videos which run through the tasks.
-  **SUITABLE FOR:** All clubs
-  **LINK:** <https://camogie.ie/player-information/registration/>

Insurance

-  **TARGET AUDIENCE:** Available to all clubs.
-  **OBJECTIVE:** Personal Injury Cover is detailed here which includes linking to the Camogie Association Rule Book where the obligations relating to injury cover are detailed.
-  **SUITABLE FOR:** All clubs
-  **LINK:** <https://camogie.ie/player-information/insurance/>