

# **For what Reasons do Loreto girls stop participating in camogie?**

## Introduction:

It's our goal to research why teenage girls decide to stop participating in camogie which is an extremely popular and traditional Irish sport. We will gather our information through a survey that will be sent out every year in Loreto Secondary school. This survey will provide us with information about what percentage of Loreto students still participate in camogie in comparison to girls who have stopped playing due to various reasons and lastly those who have never played and why they have never tried to play this particular sport.

Camogie is an Irish traditional sport that has been around since 1904. The origin of the word camogie is interesting. Camogie is a women's sport that is played with a sliotar (ball) and a hurl (stick). There are 15 players on each side of the field. The game takes 60 minutes. The target of the sport is for players to utilize a wooden stick to hit a touching ball between the rivals' goal lines, either over the crossbar or under the crossbar into a net watched by a goalkeeper. The ball (sliotar) can be kicked or slapped with an open hand for short-range passing.

Camogie is coordinated by the Camogie Association, not the GAA. The primary All-Ireland occurred in 1932, included 10 districts, and was won by Dublin. Seán O'Duffy of Mayo gave a silver cup, which is the reason the title cup is known as the O'Duffy Cup right up 'til today.

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Players lined-out wearing rec center dresses that covered the knee, long dark stockings, canvas boots, and long-sleeved shirts with a belt or band around the abdomen.

## **Methods**

### Survey

We'll be using Google Forms to do a survey and they'll be answering questions with multiple answers. We'll be sending the survey to all the Loreto students from first to sixth years. They are going to answer some questions that are relevant to why they aren't participating in camogie.

After they answer the questions, we will see which percentages do still play camogie or do not play camogie anymore.

### *Questions that will be provided:*

- Do you play camogie?
- If you used to play camogie, why did you stop?
- If you answered yes, then how long have you been playing?
- If you answered no, why not?

### *Multiple answers that will be provided:*

- Lack of motivation
  - No time
  - Too much pressure
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- Not encouraged enough
- Friend stopped doing it
- Too much training
- LackWanted more free time of interest
- Unable to get to / be collect from training
- You don't have time.
- You play another sport.
- You have no interest in the sport.
- Social aspect is intimidating
- Did not get the opportunity.
- Lack of access.
- Unable physically to play camogie

### Interviews

We got the opportunity to interview a Loreto student who used to play camogie but quit in her early primary school years. We recorded the answers she's providing us with. We managed to interview her through a zoom call as it was difficult to carry out an in-person meeting due to Covid-19. We'll ask her questions about her camogie training back in her past. There would be a delay in the talking in the zoom call but we'll have the answers that we'll get.

### *Questions that is provided:*

- When did you start?
  - Why did you start?
  - What made you first consider to play?
  - Where did you train?
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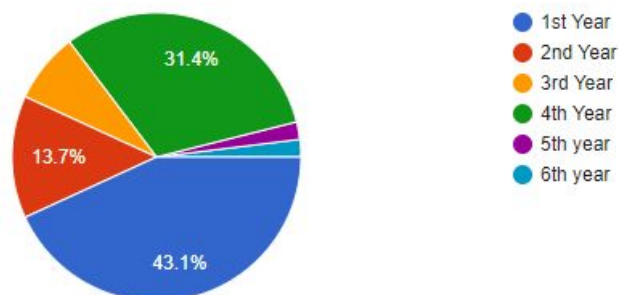
- Did your friends also participate?
- Were you encouraged to play?
- How long did you play for?
- Did you enjoy it?
- Was it a lot of pressure?
- Did you enjoy the social aspect?
- Why did you quit?
- Would you encourage others to start?
- Do you still enjoy or have an interest in camogie or keep up with camogie now?

## Conclusion:

### Survey Results

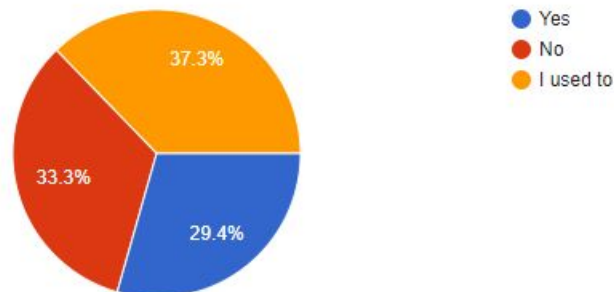
What year are you in?

51 responses



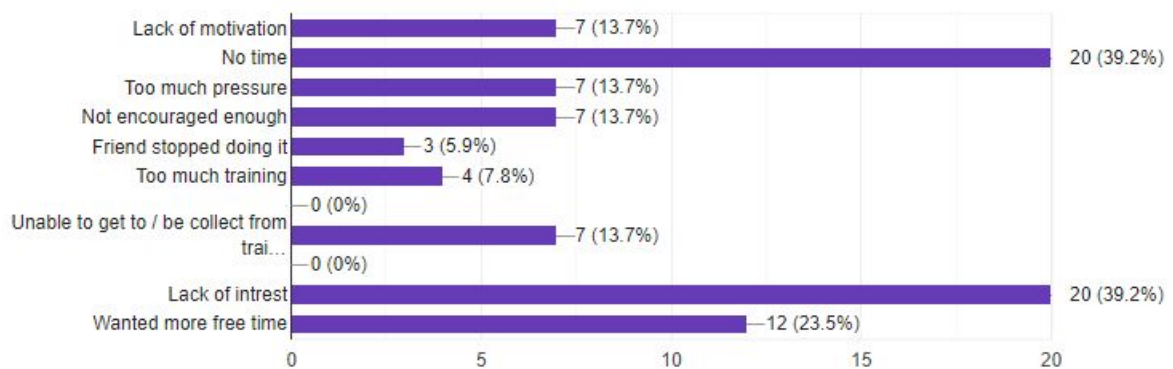
Do you play camogie?

51 responses



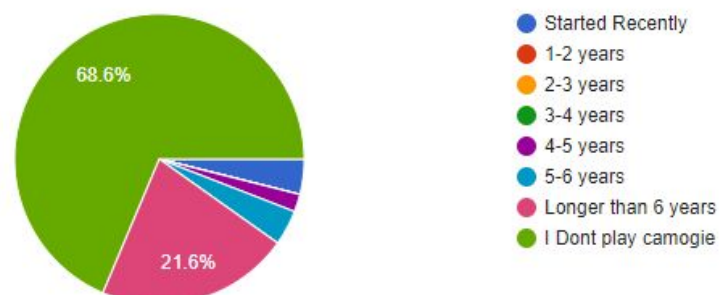
If you used to play camogie, why did you stop?

51 responses



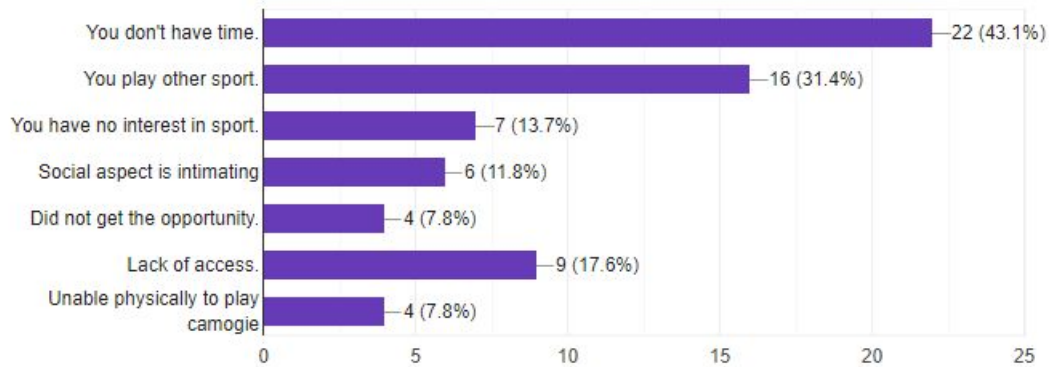
If you answered yes, then how long have you been playing?

51 responses



If you answered no, why not?

51 responses



We got a lot of responses:

- 37.3% of students used to play camogie.
- There is a tie between “no time” and “lack of interest” which is around 39.2%.
- 68.6% of students don't play camogie and 21.6% played longer than 6 years.
- People who answered “no” mostly said, “you don't have time”. Which is around 43.1%.

### Review/Recommendations

It is our belief that school plays a major factor in regards to decision making when it comes to sports due to time spent in school as well as after school study/homework and not to mention other extracurriculars such as other varieties of sports, tutoring, and time spent socializing with friends or family who does not participate in camogie, etc. Therefore we recommend that a

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balance is found between the time spent on camogie and school which is a major time consumer for students involved in sport.

Here are some of our recommendations:

- Manage your time: To stay on top of your week it is important to plan your known time schedule. Known times are school time, game and practice time, and travel time to and from school, as well as travel time to and from sports practices and events. This will let you determine your actual homework and study time.
- Use weekends wisely: Weekends can be used as a preparation time for the week ahead in regards to doing assignments, projects, and study. It can also be used to catch up on previously missed notes and work due to games or practice.
- Don't procrastinate: Do your assignments preferably as soon as they are given instead of waiting until the last minute otherwise this could result in missed games or practice in order to catch up.

In regards to the students who answered with a lack of motivation to continue putting effort into the games and practice, we recommend that camogie teams spend extra time in regards to team bonding, letting the players know each other outside of practice. This will make them comfortable with each other as well as reliable and will hopefully encourage people to continue playing if they are close with the team and happy in participating, because what better motivation than wanting to see and help your teammates.

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